



NUIC 

**CULTURAL
EXCHANGE
PROGRAM
2019
“Gen3”**

Naresuan University
International College (NUIC),
Thailand

June 16 – 29, 2019



June 16-29, 2019

NUIC Cultural Exchange Program 2019

NARESUAN UNIVERSITY INTERNATIONAL COLLEGE (NUIC), THAILAND AND SAN SEBASTIAN COLLEGE- RECOLETOS, MANILA, PHILIPPINES

Explore... Discover... Learn...

“Graduates with marketable skills...”

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**Naresuan University International College
Naresuan University, Phitsanulok, Thailand**

**CULTURAL EXCHANGE PROGRAM WITH SAN SEBASTIAN COLLEGE-
RECOLETOS, MANILA**

I. About the Program

Naresuan University International College (NUIC) cultural exchange program exposes students to people from different cultural, religious, geographic and socio-economic backgrounds and in so doing provide the opportunity for students to develop a greater understanding of diversity – both in Thailand and worldwide. Cultural exchange assists students to develop positive relationships with others, understand a broader range of perspectives, and develop the knowledge and skills needed for participation in our multicultural society.

II. Objectives

- 1) To enhance students' ability to assess and understand (in a relatively short time) the culture of people in other parts of the world.
- 2) To provide an opportunity for the participants to learn about and appreciate another culture.
- 3) To observe student life in an international setting and to exchange ideas that will enrich the lives of students visiting and students in the host country.
- 4) To empower the students to take on new challenges and gain confidence and general preparedness for their future.

III. Duration of the Program

- 2 weeks : June 16 - 29, 2019

IV. No. of Participants

- For the Cultural Exchange 2019, there will be 10 students from NUIC and 10 students from San Sebastian

V. Program Expense

There is a mutual understanding that during the whole duration of the program, the host university/college shall be responsible for all the expenses as follows:

- Accommodation
- Transportation



- Meals
- Fees for lecturers/staff
- Supplies & materials

It is required that each of the participants should have a **travel insurance** at the participants' expense.

Air tickets and travel insurance will be the sole responsibility of participant-student.

ABOUT NARESUAN UNIVERSITY INTERNATIONAL COLLEGE

History of NUIC

Naresuan University International College (NUIC) was established by the Council of Naresuan University at its' 94th meeting, on January 13, 2001, with a view to enhancing the effectiveness and reputation of Naresuan University as an international center for learning.

The establishment of NUIC was in response to the need for Naresuan University to better position itself internationally. As a young, dynamic, and vibrant tertiary education institution, Naresuan University has set as its' goal the provision of high quality education to our students and a move towards prominence and innovation in its educational endeavors.

Several developments led to the establishment of the International College. In 1997, the Language Centre was formed, as a joint undertaking with the University of Newcastle (UK), as part of an effort to improve the English proficiency of the staff and students, as well as to provide language instruction to the general public. After the Language Centre was founded, academic collaboration with foreign universities was established. For example, in 2000, a dual degree program (M.A. in International Tourism and Hotel Management) was offered in partnership with Southern Cross University. Furthermore, international MBA and DBA programs, also in partnership with Southern Cross University, were envisioned.

Apart from partnership programs with universities overseas, several international programs offered have been developed and instituted by various faculties within the university. Such programs include a Master of Science in Renewable Energy by the Faculty of Science (now the College of Renewable Energy), a Master of Science in Cosmetics Science and a doctoral program in Pharmaceutical Sciences, both in the Faculty of Pharmaceutical Sciences.

With new educational developments on the horizon, NUIC was conceived and formalized, with the Language Centre incorporated into the college itself. NUIC is charged with the responsibility of providing effective management and administration of international programs at the undergraduate level at Naresuan University.

Chronology

- In 2002, a Bachelor of Laws program was offered.
- In 2003, a Bachelor of Business Administration in Tourism Management was instituted.
- In 2004, a Bachelor of Business Administration in Human Resource Management and a Bachelor of Nursing Science (in cooperation with the Faculty of Nursing) were offered.
- In 2009, a Bachelor of Arts in English for Business Communications was initiated.

For more information about NUIC: <http://www.nuic.nu.ac.th/nuic2016/en/aboutus/>
 NU: <http://www.nu.ac.th/>

International Student Handbook:

<http://www.nu.ac.th/en/data/NUInternationalStudentHandbook.pdf>



NUIC ADMINISTRATORS



Dr. Supichaya Meesad
Director of Naresuan University International College



Ms. Saranporn Kirdkoh
Deputy Director for Administration



Ms. Rachatawan Limkanchanapa
Deputy Director for Academic and Student Affairs



Dr. Eugenia A. Boa
Deputy Director for Research and International Relations



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People Responsible for the NUIC Cultural Exchange 2019



Academic Affairs Officer
Name : Ms. Saovane Sittisomboon
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Tel : 055-968575

(P' Jim)



Librarian
Name : Ms. Suthisa Ruksasat
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(P' Kung)



Academic Affairs Officer
Name : Ms. Wiparat Khammoo
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(P' Mai)



Academic Affairs Officer
Name : Ms. Jutamas Aumtes
E-Mail : jutamasa@nu.ac.th
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(P' Kukikk)

NU University Dormitories



Naresuan University provides low-cost dormitories for all freshmen* with separate dormitories for the men and the women. For NUIC students, the female dormitory is **Building No. 15** and the male dormitory is **Building No. 14**.

Each rooms is fully furnished, containing 4 beds, 4 tables and 4 chairs, 4 wardrobes, **a bathroom and a separate toilet**, each room has its own air conditioning unit.



Facilities within the dormitory building

Internet (Wi-Fi), a reading room, TV room, laundry, weight scale, and a mobile phone card top up vending machine; all dormitories have 24 hour security.

NU Wi-Fi

- Each student will get a password to connect to NU Wi-Fi.

Naresuan University Dormitory's Rules

1. Dormitory open at 5.00 a.m. and close at 01 a.m.
2. Any actions that may cause damages to the dormitory's property such as removal, alteration or modification of furniture are strictly forbidden. Violators shall be fined in accordance with such property's value for any damage incurred.
3. Student residents are not allowed to keep the public utensils in the room.
4. Prodigality in the consumption of water, electricity, etc. must be observed.
5. Residents are not allowed to modify and multiply all electrical appliances in the room.
6. Cooking in the room is prohibited.
7. Nailing, drilling or any fittings to the walls, ceilings or any part of the room is strictly prohibited.

8. Pets are strictly not allowed to be kept in the room or the dormitory areas.
9. Non-resident students or visitors are not allowed to dormitory areas without the permission.
10. Any kinds of activities involved in vice, namely: smoking, drinking alcohol, drugs and gambling in dormitory room is strictly forbidden.
11. Storing and possession of hazardous items such as weapon, explosive devices, firearms or firework that can cause harm to the dormitory's property is strictly prohibited.
12. Do not use devices with loud speaker or make noise in a way to disturb others.
13. In case of accident or emergencies, please contact the dormitory manager or staff on duty for assistance immediately.
14. The resident who wants to spend night outside the dormitory may get permission from dormitory manager by filling in the permission form.
15. The resident who needs to return the dormitory earlier than the opening hour may get permission from dormitory manager by filling in the permission form.
16. University only allows for electric appliances: radio, electric fan, iron, and PC.

Note: An amount of 500 baht for key deposit will be paid. The amount will be returned upon check-out.

Thailand Do's and Don'ts

Thailand Do's

- **Do respect all Buddha images.** Buddha images are held sacred and sacrilegious acts are punishable by imprisonment even if committed by foreign visitors.
- **Do dress properly** when visiting a temple.
Do remove your shoes before entering a temple, somebody's house and even some shops.
- **Do treat monks** with respect.
- **Do try and learn** a few basic phrases in Thai, like 'hello' and 'thank you'.
- **Do smile a lot.**
- **Do enjoy yourself.** Thais like life to be *sanuk*.

Thailand Don'ts

- **Don't show disrespect** towards the **Thai Royal Family**.
- **Don't cross your legs** when you are in the presence of a monk. This applies whether you are sitting on the floor or in a chair.
- **Don't worry too much** about whether you should *wai* or not.
- **Don't touch a Thai person's head or ruffle their hair.**
- **Don't place your feet on the table** while sitting, don't point to anything with your feet and don't touch anybody with your feet.
- **Don't raise your voice** or lose your temper; try and be *jai yen*.
- **Don't be offended by questions about age, marital status or what you do for a living.** These are subjects that will often come up in small-talk. Of course, you

don't have to answer (especially the question about age), you can just smile and just say it's a secret or *'mai bok'* ('not telling').

- **Don't take Buddha images out of the country.** Strictly speaking it is against the law to take or send Buddha images out of the country unless special permission has been granted.

NUIC BUDDY PROGRAM

What is the NUIC Buddy Program?

The buddy program is designed for Thai students in NUIC that would like to help foreign students be accustomed to the life at NU and life in Thailand in general.

Some of the activities that the Thai buddy will do are as follows:

- Tell how to get around NUIC/NU and Phitsanulok
- Introduce the foreign students to interesting places in Phitsanulok (tourist attractions, restaurants, etc.)
- Introduce students to activities at NUIC/NU
- In general, introduce the culture in Thailand.

What does it provide for me?

The Buddy Program offers an amazing opportunity to meet new people from different parts of the world and promote cross-cultural understanding. The benefits of the program are as follows:

- Perfect chance to improve your English and understand the culture of your buddy.
- Understand culture of another country
- Chance to travel
- An excellent background for your portfolio
- Opportunity to make friends from another country
- Chance to look for internship places
- Networking

Frequently Asked Questions (FAQ)

1. What is the "buddy" responsible for?

The buddy usually meets you at NUIC and accompanies you to the dorm or any other place, except outside Phitsanulok. After that, s/he helps you with all the activities related to the cultural exchange.

The spheres of the buddy's responsibilities include:

- Be with the buddy on the scheduled activities organized by NUIC. Some activities are outside the campus.

- Be with the buddy during “Buddy Day.” You can go to places like museum, library, or any tourist attractions in Phitsanulok.

2. When will I meet my buddy?

You will meet your buddy on June 17, 2019 at NUIC. You will be officially introduced. Please see the attached schedule.

3. Can I take my buddy outside Phitsanulok?

We encourage you not to.

4. Can I bring my buddy to my house/dormitory?

You may for a social visit. Be sure to accompany him/her back to the NU dormitory. Your buddy is required to spend the night at NU Dorm.

5. Can I bring my buddy to bars/pubs?

No. We encourage you to introduce your buddy to historical places where he/she can learn about Thai culture.

NUIC encourages you to travel by bus or any public transportation, **except motorbikes**. As a buddy, you are also responsible for his/her safety.

There will be an evaluation of each buddy after the Cultural Exchange Program.

LIST OF PARTICIPANTS



Naresuan University International College

Students

- | | |
|-----------------------------|----------|
| 1. Ms. Salinthip Thongpha | EBC - 2 |
| 2. Ms. Nonlapan Kannika | IBM - 2 |
| 3. Ms. Vissuta Niyomtham | EBC - 2 |
| 4. Ms. Papitchaya Deesin | Tour - 2 |
| 5. Ms. Khanitta Jenjob | HRM - 2 |
| 6. Mr. Patiporn Klay-hirum | HRM - 3 |
| 7. Ms. Arunee Praising | EBC - 3 |
| 8. Ms. Supitcha Ketjaem | EBC - 3 |
| 9. Ms. Viphawanee Boon-Bun | EBC - 3 |
| 10. Ms. Phougeune Sounthala | EBC - 3 |

Lecturers

1. Ajarn Chayanee
2. Ajarn Saranporn Kirdkoh



San Sebastian College-Recoletos (SSC-R), Manila, Philippines

Students

- | | |
|---------------------------------|----|
| 1) Mr. James Enrico De Luna | HM |
| 2) Ms. Kate Baccay | TM |
| 3) Mr. Harold Ivan Lahoz | HM |
| 4) Mr. Rence Christian Palos | HM |
| 5) Mr. Henessy De Ocampo | TM |
| 6) Mr. Aaron John P. De Austria | BM |
| 7) Ms. Alexa Mae Feir | FM |
| 8) Mr. Christian Lester Almonte | LM |
| 9) Mr. Chris Kenneth J. Guilang | LM |
| 10) Mr. Fraru Gavrielle Robles | MM |

Priest Administrator and Lecturer

- 1) Rev. Father Antonio Salvatierra Limchaypo
– Vice President Student Welfare, San Sebastian College, Recoletos-Manila, Philippines
- 2) Ms. Maria Antonieta Gimao Zoleta
– Lecturer, San Sebastian College, Recoletos-Manila, Philippines